



# FINANCIAL SAVINGS

In Peru, 70% of adults over 25 years old save, but only 49% of young people between 18 and 24 years old do so.

Saving means setting aside part of your current income to secure your future. It therefore involves prioritizing your "future self" over your "present self," a difficult exercise for our brains. To achieve savings, experts advise good planning, seeking sound advice, and being aware that income and expenses vary at different stages of life. Being aware of the importance of saving is essential for good financial health.

## WHY IS FINANCIAL SAVINGS IMPORTANT?

Not only does it give you peace of mind if things go wrong, but it also helps you achieve your goals. We live in a constantly changing country, so saving smartly helps you be prepared for whatever comes next and also take advantage of exciting opportunities!



## SAVINGS FUNCTION

Savings help protect people's standard of living in the event of loss of income or possible reductions in future income, such as unemployment (lack of work) or unexpected increases in expenses due to, for example, illness.

## TYPES OF SAVINGS



### FINANCIAL SAVINGS

Financial savings refers to the activity of acquiring financial assets. For example, deposits, certificates, securities, or bonds. These are provided by financial institutions or governments.

### PRIVATE SAVINGS

Private savings are the difference between income and expenses or consumption. Simply put, private savings reflect consumption decisions based on available income, that is, the amount that has been set aside and not allocated to any activity.



### PUBLIC SAVINGS

Public savings are activities carried out by the state, whether directly or indirectly, that is, through public agencies. Like private savings, they are the difference between government revenues and actual expenditures.

## 7 OUT OF 10 YOUNG PEOPLE SAVE



## AT WHAT AGE SHOULD FINANCIAL EDUCATION BEGIN?

Financial education should begin at an early age. Even school-aged children can learn basic concepts such as saving, the value of money, and the importance of spending wisely.



## HOW CAN I IMPROVE MY FINANCIAL EDUCATION?

You can improve your financial education in several ways, such as reading books and articles on personal finance, attending workshops or seminars, and using online resources such as financial courses or blogs.



## HOW CAN FINANCIAL EDUCATION HELP ME MANAGE MY DEBT?

Financial education provides you with the tools and knowledge to manage your debt effectively. You'll learn to understand different types of debt, interest rates, and how to prioritize payments.



## CONCLUSION

It's the practice of setting aside a portion of your income for a purpose that benefits you. It's a habit that not only brings economic benefits: it also helps you gain discipline, consistency, and order, and helps you set achievable goals, such as buying a home, a means of transportation, or investing in education.